

## Lecture Notes

### 2011 Parent Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
Medical Approach: Assessment, Diagnosis & Medications	Dr Johan Erasmus	Developmental Paediatrician
Time Management: Structure in the Home	Carina van Vuuren	Educational Psychologist
ADHD & Auditory Processing Difficulties	Dana Altini	Auditory Processing Therapist
Sensory Integration: Affected Children are Often Treated for the Wrong Condition	Francoise Harrison	Occupational Therapist
Self-Esteem, Social & Emotional Development: Most Important for Every Child	Anita Decaires-Wagner	Educational Psychologist
Making Homework Fun	Reneé Lighton	Educator
10 Steps Before Ritalin	Dr Hein Badenhorst	MD
How Vision Affects Learning: Perfect Eyesight Does Not Mean Perfect Vision	Dr John Carey	Holistic Developmental Optometrist
Stress & Its Relationship to Learning	Gerald Williamson	Clinical Psychologist

### 2011 Vaal Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
Medical Aspects of ADHD	Dr Johan Erasmus	Developmental Paediatrician
Eating Your Way to a Better Day	Heather Picton	Founder of ADHASA
An Educator's Narrative	Ace (Elijah) Maema	Educator
Childhood Stress Similarities with ADHD	Gerald Williamson	Clinical Psychologist
Classroom Management – Myths about ADHD and Tips for Teachers	Wanda Thomas	Remedial Educator
Parent – Educator Communication & Strategies to Approach the School	Danie Lodewyckx	Educational Psychologist
Hungarian Sensory Integration Programme	Zena Johnson	Occupational Therapist
How Parents & Educators Can Contribute to the Development of a Positive Self-esteem	Anita Decaires-Wagner	Educational Psychologist

### 2011 Adult Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
Adult ADHD – A Medical Perspective	Dr David Benn	Psychiatrist
10 Steps Before Ritalin	Dr Hein Badenhorst	Family Physician integrating genetic profiles with lifestyle factors
Eating Your Way to a Better Day	Heather Picton	Founder of ADHASA
Organisation & Time Management Workshop	Carina van Vuuren	Psychologist
Relationships & Social Skills	Anita Decaires-Wagner	Educational Psychologist
Choosing a Career	Margie Barry	Psychologist
Looking to a Positive Future (Self esteem)	Lori Lea	ADHD Coach

### 2010 Annual Conference (Data CDs & DVDs Available)

Talk Title	Lecturer	Qualification
Talking ADHD: What We Say Matters	Dr Elizabeth Walton	Wits University Education Lecturer
Diagnosis & Treatment	Dr Johan Erasmus	Developmental Paediatrician
Ten Steps Before Ritalin	Dr Hein Badenhorst	Family Physician integrating genetic profiles with lifestyle factors
From Deficit to Difference – Changing Attitudes to ADHD ( <b>only on CD</b> )	Debbie de Jong	Learning Support Specialist
Applying the 7 Intelligences in the Classroom	Aneene Dawber	Speech & Language Therapist

School Inclusion	Dr Hermanean Laauwen	Educational Psychologist - Gauteng Education Dep.
Sensory Processing & Concentration	Francoise Harrison	Occupational Therapist
Self Esteem & Social Skills	Margie Barry	Educational Psychologist

### 2010 Parent Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
The Holistic Approach to ADHD	Dr Shabeer Jeeva	Specialist Psychiatrist
Smoothing the Way with Structure and Routine	Jane Jarvis	Educational Psychologist
Homeopathy Helping ADHD	Marilena Deroukakis	Homeopath
Social Aspects and Bullying	Anita Decaires-Wagner	Educational Psychologist
Potentially Powerful Parents – Building Your Child	Margie Barry	Educational Psychologist
Children Eating their Way to a Better Day	Heather Picton	Founder of ADHASA

### 2010 Adult Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
The Holistic Approach to ADHD	Dr Shabeer Jeeva	Specialist Psychiatrist
Organisation & Coaching	Anita Decaires-Wagner	Educational Psychologist
Self Esteem Workshop	Margie Barry	Educational Psychologist
Eating Your Way to a Better Day (& Improve Concentration)	Heather Picton	Founder of ADHASA
Insights into Relationships, including sexual aspects.	Terry Wilke	Educational Psychologist

### 2010 Vaal Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
Medical Aspects of ADHD	Dr Johan Erasmus	Developmental Paediatrician
Bouncing Back : How Parent, Peers & Professionals Enable Young People Towards Resilience	Prof Linda Theron	Lecturer & Educational Psychologist
A Parent's Story	Angel Swemmer	Parent
Cognitive Control	Tshepiso Matentjie	Educational Psychologist
Classroom Management – Tips for Teachers	Jackie Staniforth	Remedial Educational Specialist
A Life-Changing Experience	Ace Maema	Educator
Instilling Routine & Maintaining Discipline	Anita Decaires Wagner	Educational Psychologist
Children Eating Their Way to a Better Day	Heather Picton	Founder of ADHASA

### 2009 Annual Conference (DVDs)

Talk Title	Lecturer	Qualification
Cognitive Control: Strategies to Enhance Performance	Tshepiso Matentjie	Educational Psychologist
Developmental Coordination Disorder	Heather Lancaster & Samantha Mutch	Physiotherapists
Making Learning Fun	Jane Jarvis	Educational Psychologist
Assessment, Diagnosis & Medication	Dr Shabeer Jeeva	Specialist Psychiatrist
So You Think You Can Dance? The Social Life of the ADHD Child	Terry Wilke	Educational Psychologist
Emotional Issues	Anita Decaires-Wagner	Educational Psychologist
Healthy Eating Matters – What Schools Can Do	Heather Picton	Founder of ADHASA
Enhancing Learning Skills Playground Design	Jabsile Mbaso Krynauw Nel	Remedial Educator Architect

### 2009 Parent Seminar (Data CDs Only)

Talk Title	Lecturer	Qualification
Child ADHD: Assessment, Diagnosis, Treatment	Dr Johan Erasmus	Developmental Paediatrician
Home Should be the Haven - Helping Your Child Survive ADHD	Anita Decaires-Wagner	Educational Psychologist
Fatty Acids, Iron Deficiencies & Neon Lighting	Prof CF van der Merwe	Gastroenterologist
Report Back on ADHD Research	Mareli Fischer	Psychology Student
Healthy Eating – Don't Say it, Live it!	Anne Pringle	Dietician
Low Muscle Tone – How Can it Affect Concentration?	Sarah Vorster	Physiotherapist
Growing up with ADHD - A Parent's Experience	Angel Swemmer	Parent
Helping Parents Approach Teachers	Danie Lodewyckx	Psychologist / Educator

### 2009 Adult Seminar (Data CDs & DVDs Available)

Talk Title	Lecturer	Qualification
Adult ADHD: Assessment, Diagnosis, Treatment & Issues Faced	Dr Roger Smart	Psychiatrist
Using the Strengths of ADHD to Design a Career	Aderyn Exley	Psychologist
Lifestyle Issues, Nutrition, Healthy Eating, Essential Fatty Acids	Heather Picton	Founder of ADHASA
DIY Techniques for Adult ADHD	David Rosenstein	Clinical Psychologist
Mars vs Venus – Living & Loving with an ADHD Partner	Terry Wilke	Educational Psychologist

### 2008 Annual Conference (Data CDs & DVDs – double disc - Available)

Talk Title	Lecturer	Qualification
How the Environment Affects the Child with ADHD. One size Does Not Fit All! <b>Not on DVD</b>	Dr Gill Lloyd	Wits Education Lecturer
Essential Fatty Acids & ADHD	Prof CF van der Merwe	Gastroenterologist
Family Challenges	Terry Wilke	Psychologist
Early Childhood Development, Symptoms & Coping Skills <b>Only Single DVD Available</b>	Francoise Harrison	Occupational Therapist
Nutrition	Renae Basson	Registered Dietician
How to get Children Up & Off or Down & Out	Jane Jarvis	Educational Psychologist
Medical Assessment, Diagnosis & Medication	Dr Johan Erasmus	Developmental Paediatrician
Sensory Processing & ADHD	Paula Barnard	Occupational Therapist
Speech & Auditory Processing	Gail van Zyl	Speech & Auditory Therapist
Temperament Workshop	Elaine Harcombe & Karline Sarbach	Wits Psychology Lecturers
Classroom Management <b>Only Single DVD Available</b>	Mary Hyam	Remedial Educator
Social & Emotional Development of the Child with ADHD	Anita Decaires Wagner	Educational Psychologist